



COLLEGE OF  
REGISTERED NURSES  
OF BRITISH COLUMBIA

# Nurse Practitioner Controlled Drugs and Substances (CDS) Prescribing

## Learning Resource



**College of  
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# **Nurse Practitioner Prescribing Controlled Drugs and Substances (CDS) Web Module Learning Resources**

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## **MODULE WORKBOOK LINK**

<https://www.crnbc.ca/PracticeSupport/Documents/NPCDSPworkbook.pdf>

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## **CRNBC CDS WEBPAGE LINK**

<https://www.crnbc.ca/Standards/NPScopePractice/prescribing/Pages/Default.aspx>

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## **DIRECTIVES FOR NP PRESCRIBING CDS**

CRNBC provides many resources that encompass professional directives regarding Prescribing CDS

Boundaries in the Nurse-Client Relationship Practice Standard

<https://www.crnbc.ca/Standards/PracticeStandards/Lists/GeneralResources/432NurseClientRelationshipsPracStd.pdf>

Code of Ethics Resources

<https://www.crnbc.ca/Standards/resourcescasestudies/ethics/Pages/Default.aspx>

Competencies for NP prescribing of controlled drugs and substances.

[https://www.crnbc.ca/Standards/NPScopePractice/prescribing/Pages/NP\\_Competencies\\_for\\_prescribing.aspx](https://www.crnbc.ca/Standards/NPScopePractice/prescribing/Pages/NP_Competencies_for_prescribing.aspx)

Dispensing Medications Practice Standard

<https://www.crnbc.ca/Standards/PracticeStandards/Pages/dispensing.aspx>

Duty to Report Practice Standard

<https://www.crnbc.ca/Standards/PracticeStandards/Pages/dutyto report.aspx>

Legislation Relevant to Nurses' Practice Booklet

<http://www.crnbc.ca/Standards/Lists/StandardResources/328LegRelevanttoNursesPractice.pdf>

Medication Inventory Management Practice Standard

<https://www.crnbc.ca/Standards/PracticeStandards/Pages/medicationinventory.aspx>

Medication Administration Practice Standard

<https://www.crnbc.ca/Standards/PracticeStandards/Pages/medicationadmin.aspx>

Nurse-Managed Medication Inventory: Information for Employers

<https://www.crnbc.ca/Standards/Lists/StandardResources/498NseMgedMedInventoryEmployers.pdf>

Nurse Practitioner Prescribing Standards, Limits and Conditions

<https://www.crnbc.ca/Standards/NPScopePractice/prescribing/Pages/Default.aspx>

<https://www.crnbc.ca/Standards/NPScopePractice/Pages/Default.aspx>

Professional Standards for Registered Nurses and Nurse Practitioners

<http://www.crnbc.ca/Standards/Lists/StandardResources/128ProfessionalStandards.pdf>

Practice Support Web Page

<http://www.crnbc.ca/PracticeSupport/PracticeSup/Pages/Default.aspx>

Scope of Practice for Registered Nurses

<http://www.crnbc.ca/Standards/Lists/StandardResources/433ScopeforRegisteredNurses.pdf>

Quality Assurance Professional Development Plan Resources

<https://crnbc.ca/QA/Documents/387QAportfolio.pdf>

Webpage on Regulations

<http://www.crnbc.ca/CRNBC/RegulationOfNurses/Pages/Default.aspx>

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## **RELEVANT LEGISLATION**

### **I. Federal Legislation**

Benzodiazepines and Other Targeted Substances Regulation (BOTSR)

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2000-217/index.html>

International Narcotics Control Board

<https://www.incb.org/>

United Nations International Drug Control Conventions

[http://www.who.int/substance\\_abuse/right\\_conventions/en/](http://www.who.int/substance_abuse/right_conventions/en/)

Controlled Drug and Substances Act (CDSA)

<http://laws-lois.justice.gc.ca/eng/acts/C-38.8/>

Narcotic Control Regulation (NCR)

<http://laws-lois.justice.gc.ca/eng/regulations/C.R.C., c. 1041/index.html>

New Classes of Practitioner Regulation (NCPR)

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2012-230/index.html>

Food and Drug Act Regulation

<http://laws-lois.justice.gc.ca/eng/acts/F-27/index.html>

Access to Cannabis for Medical Purposes Regulations

<http://laws-lois.justice.gc.ca/eng/regulations/SOR-2016-230/index.html>

## **II. Provincial Legislation**

Freedom of Information and Protection of Privacy Act

[http://www.bclaws.ca/EPLibraries/bclaws\\_new/document/ID/freeside/96165\\_00](http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/96165_00)

Nurses (Registered) and Nurse Practitioner Regulation

[http://www.bclaws.ca/EPLibraries/bclaws\\_new/document/ID/freeside/284\\_2008](http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/284_2008)

Prescribed Health Care Professions Regulation

[http://www.bclaws.ca/EPLibraries/bclaws\\_new/document/ID/freeside/12\\_129\\_2009](http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/12_129_2009)

Pharmaceutical Services Act

[http://www.leg.bc.ca/39th4th/1st\\_read/gov35-1.htm](http://www.leg.bc.ca/39th4th/1st_read/gov35-1.htm)

Pharmacy Operations and Drug Scheduling Act

[http://www.bclaws.ca/EPLibraries/bclaws\\_new/document/ID/freeside/00\\_03077\\_01](http://www.bclaws.ca/EPLibraries/bclaws_new/document/ID/freeside/00_03077_01)

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## **REGULATORY COLLEGE RESOURCES**

College of Pharmacists of British Columbia (CPBC)

<http://www.bcpharmacists.org/>

CPBC Controlled Prescription Program (CPP)

[http://library.bcpharmacists.org/D-Legislation\\_Standards/D-4\\_Drug\\_Distribution/5015-ControlledPrescriptionProgram.pdf](http://library.bcpharmacists.org/D-Legislation_Standards/D-4_Drug_Distribution/5015-ControlledPrescriptionProgram.pdf)

BC Pharmacy Practice Manual (summary of legislation)

<http://www.bcpharmacists.org/bc-pharmacy-practice-manual-0>

Drug Schedules Regulation

[http://www.bclaws.ca/civix/document/id/complete/statreg/9\\_98](http://www.bclaws.ca/civix/document/id/complete/statreg/9_98)

Standards for Dispensing Practitioners

[http://library.bcpharmacists.org/6\\_Resources/6-5\\_Pharmacy\\_Resources/5049-Standards\\_for\\_Dispensing\\_Practitioners\\_Guidelines.pdf](http://library.bcpharmacists.org/6_Resources/6-5_Pharmacy_Resources/5049-Standards_for_Dispensing_Practitioners_Guidelines.pdf)

Drug Distribution

<http://www.bcpharmacists.org/drug-distribution>

Prescription Regulation

<http://www.bcpharmacists.org/acts-and-bylaws>

Prescription Regulations Table

[http://library.bcpharmacists.org/6\\_Resources/6-4\\_Drug\\_Distribution/5014-Prescription\\_Regulation\\_Table.pdf](http://library.bcpharmacists.org/6_Resources/6-4_Drug_Distribution/5014-Prescription_Regulation_Table.pdf)

Pharma Net

<http://www.bcpharmacists.org/pharmanet/>

### **III. College of Physicians & Surgeons of BC (CPSBC)**

Cannabis for Medical Purposes: Professional Standards and Guidelines

<https://www.cpsbc.ca/files/pdf/PSG-Cannabis-for-Medical-Purposes.pdf>

Marijuana for Medical Purposes

<http://laws-lois.justice.gc.ca/PDF/SOR-2013-119.pdf>

Medical Practitioner Access to PharmaNet (MPAP)

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/system-access/medical-practice-access-to-pharmanet>

Prescription Review Program

<https://www.cpsbc.ca/programs/drug-programs/prp>

Standard: Safe Prescribing of Drugs with Potential for Misuse/Diversion

<https://www.cpsbc.ca/files/pdf/PSG-Safe-Prescribing.pdf>

Treating Self, Family Members and Those Whom You Have a Non-professional Relationship.

<https://www.cpsbc.ca/files/pdf/PSG-Treating-Self-and-Family-Members.pdf>

Safe Prescribing Recommended Resources

<https://www.cpsbc.ca/files/pdf/Library-Safe-Prescribing-Resources.pdf>

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### **UPDATES FROM THE PRESCRIPTION REVIEW PROGRAM:**

Opioid stewardship and the \$90 pill

<https://cpsbc.ca/for-physicians/college-connector/2014-V02-06/06>

Your prescription: your responsibility.

<https://www.cpsbc.ca/for-physicians/college-connector/2014-V02-03/06>

### **IV. College of Physicians & Surgeons of Ontario**

Marijuana for Medical Purposes

<http://www.cpsbc.ca/policies-publications/policy/medical-marijuana>

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### **BEST PRACTICE GUIDELINES**

American Hospital Formulary Service (AHFS) Drug Information Classification System

<http://www.ahfsdruginformation.com>

BC Guidelines for Palliative Pain

[http://bcguidelines.ca/submenu\\_palliative.html](http://bcguidelines.ca/submenu_palliative.html)

## **OTHER RELEVANT RESOURCES**

Accreditation Canada Handbook Required Organizational Procedures 2016

<https://www.accreditation.ca>

American Hospital Formulary Drug Information Classification System (AHFS)

<http://www.ahfsdruginformation.com>

The BC Provincial Academic Detailing (PAD) service:

<http://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/pad-service/completed-pad-topics>

British Columbia Centre on Substance Use (BCCSU):

<http://www.bccsu.ca/>

Centre for Addiction and Mental Health

[http://www.camh.ca/en/education/about/camh\\_publications/Pages/assessment\\_tools.aspx](http://www.camh.ca/en/education/about/camh_publications/Pages/assessment_tools.aspx)

CPSBC Prescribing Principles for Chronic Non-Cancer Pain:

<https://www.cpsbc.ca/for-physicians/college-connector/2016-V04-02/01>

BC Patient Safety & Quality Assurance

<https://bcpsqc.ca/>

The *CDC Guideline for Prescribing Opioids for Chronic Pain – United States 2016* can be found:

<https://www.cdc.gov/drugoverdose/prescribing/guideline.html>

Additional tools to guide practitioners who wish to implement the recommendations can be found:

<http://www.cdc.gov/drugoverdose/prescribing/resources.html>

Registered Nurses' Association of Ontario

<http://rnao.ca/bpg/guidelines/engaging-clients-who-use-substances>

First Do No Harm: Responding to Canada's Prescription Drug Crisis

<http://www.ccsa.ca/Resource%20Library/Canada-Strategy-Prescription-Drug-Misuse-Report-en.pdf>

Institute for Safe Medication Practices, Canada (ISMP)

<https://www.ismp-canada.org>

Rapid Access to Consultative Expertise (RACE)

<http://www.raceconnect.ca/>

Medication Reconciliation Resources, BC Patient Safety & Quality Council

<https://bcpsqc.ca/clinical-improvement/medication-reconciliation-in-residential-care/resources/>

National Pain Centre at McMaster University

<http://nationalpaincentre.mcmaster.ca/documents/practicetoolkit.pdf>

British Columbia Centre on Substance Abuse. Online Addiction Medication Diploma

<http://www.bccsu.ca/about-the-online-addiction-medicine-diploma/>

The Opioid Manager

<http://nationalpaincentre.mcmaster.ca>

World Health Organization: Pharmacovigilance

[http://www.who.int/medicines/areas/quality\\_safety/safety\\_efficacy/pharmvigi/en/](http://www.who.int/medicines/areas/quality_safety/safety_efficacy/pharmvigi/en/)

Provincial Physician Detailing Service (PAD)

Opioids in Chronic Non-cancer Pain: The Basics

<http://www2.gov.bc.ca/assets/gov/health/practitioner-pro/provincial-academic-detailing-service/opioids-resources.pdf>

Rapid Access for Consultative Expertise (RACE) Program

<http://www.raceconnect.ca>

*A program providing family physician and nurse practitioner access to specialist advice by telephone.*

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## WEBSITES OF INTEREST

Nurses Services Organization

<http://www.nso.com/>

Nurse Practitioner Health Care Foundation

<http://nphealthcarefoundation.org/>

Pain BC

<http://painbc.ca/>

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## ARTICLES OF INTEREST

Arnstein, P., & St. Marie, B. (2010). Managing chronic pain with opioids: *A call for change: White paper*. Retrieved from Nurse Practitioner Healthcare Foundation website:

<https://www.nphealthcarefoundation.org/education/white-papers/>

Buppert, C. (2014). Frequently asked legal questions about prescribing controlled substances, *Journal for Nurse Practitioners*, 11(1), 140-141. Retrieved from

<http://www.sciencedirect.com.library.crnbc.ca/science/article/pii/S1555415514006515?np=y>

Fontana, J. S. (2008). The social and political forces affecting prescribing practices for chronic pain, *Journal of Professional Nursing*, 24(1), 30-35. Retrieved from

<http://www.sciencedirect.com.library.crnbc.ca/science/article/pii/S8755722307001366>

Hudspeth, R. S. (2011). Avoiding regulatory complaints when treating chronic pain patients with opioids, *Journal of the American Academy of Nurse Practitioners*, 23(10), 515-520. Retrieved from

<http://onlinelibrary.wiley.com/doi/10.1111/j.1745-7599.2011.00666.x/epdf>

Krupa, C. (2012, February 6). The limits of treating loved ones. *American Medical News*. Retrieved from

<http://www.amednews.com/article/20120206/profession/302069939/4/>

Smolina, Kate; Gladstone, Emilie J.; Morgan, Steven G. Ottawa (2015, August) Pharmaceutical opioid monitoring and surveillance in British Columbia: current state and future directions. *UBC Centre for Health Services and Policy Research*,  
[http://circle.ubc.ca/bitstream/handle/2429/54311/Smolina\\_K\\_et\\_al\\_Pharmaceutical\\_opioid.pdf?sequence=5](http://circle.ubc.ca/bitstream/handle/2429/54311/Smolina_K_et_al_Pharmaceutical_opioid.pdf?sequence=5)

Worley, J. (2015, June). Doctor shopping and prescription substance use disorders: A nursing response, *American Nurse Today*, 10(6). Retrieved from  
<http://www.americannursetoday.com/doctor-shopping-prescription-substance-use-disorders-nursing-response/>